



# MG CAR CLUB

## COMPETITIONS DEPARTMENT

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## HEALTH AND SAFETY AT WORK GUIDANCE NOTES FOR COMPETITORS

### 1 Storage and Use of Petroleum Spirit

(i) Petroleum spirit must be stored in metal containers complying with the relevant British Standard, away from any source of ignition. (ii) Containers must be indelibly marked "Petroleum Spirit - Highly Flammable". Empty containers must be removed from the venue. (iii) Petrol is to be used as a fuel only, and not for any other purpose. (iv) Vehicle refueling must take place in the open air. A no smoking ban must be enforced by the person in charge of refueling. (v) Your attention is drawn to the Petroleum (Consolidation) Act 1928, and the Petroleum Spirit (Motor Vehicles) Regulations 1929. (vi) Fuel is available for sale at the circuit. As such it is unnecessary for competitors to carry large quantities of fuel inside vehicles.

### 2 Hazardous Substances

(i) Some vehicle parts, for example brake and clutch linings, contain asbestos. Entrants are encouraged to use non-asbestos substitutes wherever possible. Where asbestos is used, every effort should be used to prevent asbestos dust getting into the air. (ii) Some mineral oils may cause skin cancer. Prolonged contact should therefore be avoided wherever possible. Where contact does occur contamination should be washed off immediately. The wearing of contaminated clothing (including overalls) should be avoided. (iii) Various other substances may cause disease or ill health even after very short exposures. Manufacturers and suppliers of such substances are obliged to provide customers with information about the possible harmful effects of their products upon request. (iv) The requirements of the Control of Substances Hazardous to Health (COSHH) Regulations 1988 must be complied with. (v) The Championship Regulations must always be complied with when selecting vehicle parts.

### 3 Electrical Safety

(i) All electrical equipment must be maintained in a safe condition. Extension lead cables should be flexible and not of semi rigid cable of the type used for household wiring. Neoprene covered cable will resist damage by oil. (ii) All electrical equipment to be used externally should be weather proof. (iii) Hand tools should preferably be of the "double insulated" or "all insulated" type, to provide protection against electric shock. (iv) Electrical equipment and hand tools should not be used in areas where flammable vapors may be present. (v) Where any person is at work the requirements of the Electricity at Work Regulations 1989 must be complied with.

### 4 Fire Precautions

(i) Smoking is prohibited in all pit garages and in the pit lane. (ii) All potential sources of ignition should be kept away from petroleum spirit and vapors. (iii) The lighting of barbecues is prohibited in the paddock and pits area. (iv) All teams should carry a suitable fire extinguisher in accordance with the MSA or ACU/MCRCB regulations. (v) Fire extinguishers should not be removed from fire points unless they are to be used on a fire. (vi) All fires must be reported immediately to an official or member of the venue management. (vii) Teams are encouraged to train their members in the correct use of fire extinguishers. (viii) All fire notices and orders to evacuate must be complied with.

### 5 Compressed Gas Equipment

(i) Air blasts from the over inflation of tyres can cause injury. Tyres should not be inflated above manufacturer's recommendations. (ii) All airlines should be in good condition and be inspected regularly. (iii) Always stand clear when inflating tyres. (iv) Any form of horseplay involving compressed air or gas is prohibited. (v) Compressed gas cylinders should be stored in accordance with the relevant working practices. (vi) The requirements of the Pressure Systems and Transportable Gas Containers Regulations 1989, must be complied with.

### 6 Jacks and Axle Stands

(i) Vehicles should only be raised on jacks which are in good condition, and rated to lift the vehicle weight safely. (ii) Jack vehicles only on level undamaged floors. (iii) Use the hand brake and/or chocks to stop the vehicle moving. (iv) Jacks should only be used for lifting the vehicle. Axle stands should always be used to support the vehicle weight. (v) Vehicle engines should not be run whilst the vehicle is on axle stands.

## **7 General Working Practices**

(i) All working areas should be kept clean and tidy, and any waste should be removed regularly and placed in the containers provided. (ii) All spillages should be cleaned up immediately. (iii) All trailing wires and hoses should not be allowed to create a trip hazard. (iv) Whenever vehicle engines are being run, adequate ventilation must be ensured. (v) All safety notices must be complied with. (vi) Any person carrying out any work, must ensure that they adopt safe working practices at all times, and comply with any relevant statutory provision and/or published guidance. (vii) Persons under the age of 16 are not allowed in the pits area or pit lane, and in the infield area at Brands Hatch, except in the designated spectator enclosure.

## **8 Noise**

(i) Exposure to excessive noise may result in hearing loss or other complaints, short term or, after repeated exposure, permanent. (ii) Avoid being exposed to excessive noise, where this is unavoidable, wear ear plugs or defenders to the appropriate British Standards. (iii) Where any person is at work the requirements of the Noise at Work Regulations 1989, must be complied with.

## **9 Manual Handling of Loads**

(i) Lifting, carrying and propelling loads by bodily force is a major cause of injuries. All teams are encouraged to train in safe manual handling techniques. (ii) Where any person is at work the requirements of the Manual Handling of Loads Regulations 1992 must be complied with.

## **10 Waste**

(i) All waste oil must be placed in the containers marked "waste oil." (ii) Waste tyres and empty petrol/oil containers should not be left at the venue. (iii) Please take any other form of waste with you when you leave the venue, or to place it in the refuse containers provided. (iv) Your attention is drawn to the requirements of the Environmental Protection Act 1990.

## **11 Vehicle Safety**

(i) A 10 mph speed limit is in force in all public areas, including paddocks and service roads and this applies to all vehicles, including mopeds and motorcycles, with the exception of emergency vehicles attending an incident. (ii) Riders of mopeds and motorcycles up to 125cc must have a current UK provisional driving license or its international equivalent. (iii) Riders of motorcycles over 125cc must have a current full UK motorcycle license or its international equivalent. (iv) Motorcycles should not be ridden in spectator areas. (v) All vehicles must keep to the marked roads when moving around the venue.

## **12 First Aid**

(i) Any person sustaining an injury or feeling unwell should seek treatment from the on site emergency services. (ii) To call for assistance contact any official or member of the venue management.

## **13 Public Safety**

(i) Competitors and entrants should be aware that the Paddock may be open to the public and should act in a manner so as not to put either themselves or any other person at risk from injury. (ii) Competitors and entrants should exercise particular caution when the paddock is busy, and during pits and track walkabouts. (iii) All accidents where any person sustains injury, or where damage to property occurs must be reported immediately to an official or a member of the venue management.

## **15 MSA/ACU/MCRCB Regulations**

(i) Competitors and entrants are reminded of their obligations to comply with the requirements of the appropriate sporting regulations at all times and these Guidance Notes should be read in conjunction with all other relevant regulations.

**Please keep this copy of the MGCC Health & Safety Guidance for the 2006 season. Thank you**

*Issued by the MG Car Club 2006*